

# THINGS TO THINK ABOUT:

Which future events/goals will be easy for me to achieve? Which will take a lot of effort?

How will/has having a child (or having another child) fit in with my goals and dreams for the future?

When I am older and look back at my life, what do I think will make me the most proud?

Who are people in my life that are supportive and who I can talk to about my dreams for the future?